

**Nelson**

Fri, 06 Jun, 1.30pm

Nelson Centre of Musical Arts

48 Nile Street

Nelson



New Zealand  
Symphony  
Orchestra

Te Tira Pūoro  
o Aotearoa

# Relaxed Concert Guide

Presented in association with





# Contents

Visual Story	4-15
The Relaxed Concert	16
Ticketing	17
Seating, lighting and sounds	18-19
Additional services and facilities	20
FAQ	21-22

This document provides you with information to help you prepare to attend the NZSO Relaxed Concert.

The relaxed concert offers a shared experience for everyone, with a relaxed attitude to noise and movement during the performance. The music, concert hall lighting and environment ensures the event is accessible whilst maintaining the authenticity of a full concert experience. Presented in association with Autism New Zealand.







# Step by Step Guide for Attendees & Support People

Located in the centre of the city, we invite you in to the Nelson Centre of Musical Arts to experience a classical music performance showcasing rhythmic and adventurous music.

This will be a shared experience for you, your supporter(s) and musicians from the New Zealand Symphony Orchestra.

Nelson Centre of Musical Arts  
NZSO

There is an accessible entrance with a wide ramp at the front of the building. You can access the venue through double doors into the foyer area. There is a large loading zone and two accessible parking spaces outside the front entrance. You will be welcomed by our Theatre Ushers who will guide and help you.

The Theatre Ushers can assist you by helping you find the entrances, exits, bathrooms and Chill Out Zone. The Theatre Ushers wear black clothes and red lanyards.



If you need to use the bathroom, toilets are available in Nelson Centre of Musical Arts.

Accessible toilets are available too. There are signs to show you where they are.

We have more private change facilities available within the building. Ask a host to show you to these if they are needed.

Stairs and ramp access  
Accessibility toilets







When you are ready for the performance, you will then enter the auditorium through doors from the foyer. There are no stairs to navigate. Ushers will help guide you into the auditorium. These doors will be open during the performance.









The concert will begin with an introduction from presenter Chris Lam Sam.

The works being performed are below and each piece will be introduced by Chris.

**WA MOZART** *Die Entführung aus dem Serail* Overture K. 384 (5min)

**GRIEG** *Peer Gynt* Suite No. 1, Op. 46  
- Anitra's Dance (4min)

**HAYDN** Symphony No. 100 in G Major *Military* (28min)

Total Programme Length = 45min

Chris Lam Sam



A Chill Out Zone has been set up in the foyer if you need a break from the concert. Look for this sign to find the Chill Out Zone.



There will be water and comfy seating if you need a quiet space before, during or after the concert.

You are free to move in and out of the concert at any point to the Chill Out Zone in the foyer. Ushers and signs will be there to show you where to go.





Once the concert has ended, there will be an opportunity to meet some of the players and see their instruments up close.

You can ask them questions about their role in the orchestra and the instrument they play.

This session lasts approx. 10 minutes.

The concert will last approx. one hour with no interval. At the end of the concert you will exit out the same doors you entered the Nelson Centre of Musical Arts.

Thank you for joining us and we hope to see you again soon.

Mā te wā.

# The Relaxed Concert

## When You Arrive

Doors will open approx. 30min before the concert starts.

This concert will have an open-door policy. This means you are free to move in and out of the auditorium any time during the performance. There will be hosts from the Nelson Centre of Musical Arts and the NZSO providing assistance if required while you are at the concert.

## The Concert

The Relaxed Concert is performed by musicians of the NZSO. The concert starts at 1.30pm and the Orchestra will perform for up to 45min. There will be no interval.

At the end of the performance there will be a 10 minute 'Instruments Up Close' opportunity where some of the players will be available to meet with you to talk and answer questions.

# Ticketing

You will receive tickets to attend. Tickets are limited to the Relaxed Concert so you need to register to attend this event.

Options on the booking form are available to indicate whether you have access requirements or any other flags to our team in advance of the event.

Please contact us if you need any further information to ensure you are at ease and comfortable during the concert.



# Seating, Lighting and Sounds

## Seating

As this is a Relaxed Concert, the Nelson Centre of Musical Arts and the NZSO are adopting a relaxed feel to the seating at the concert.

In amongst the space, there will be a variety of seating options to make yourself comfortable.

## Lighting

There is no strobe or bright flashing lights in this concert. There will also be no lights shining out onto the audience.

The house lights will remain on, at a lower level, throughout the concert.

## Sounds

The concert includes an orchestra performing several different pieces of music. It includes instruments from the string, woodwind, brass and percussion sections.

As this is a Relaxed Concert, you may notice the audience around you making some noise too. If you find this too overwhelming, you can go to the Chill Out Zone outside the concert space.

# Additional Services and Facilities

There are hosts to guide you to and around these spaces.

## Toilets

Disabled, Female and Male toilets are available to use at the Nelson Centre of Musical Arts with wheelchair access as well as full changing facilities.

## Chill Out Zones

If you would like to leave the concert at any point or before and after the concert, there is a designated space away from the entrance and concert space to chill out.

## Ramp Access

There is ramp access into Nelson Centre of Musical Arts at the front entrance. Wheelchair spaces are accommodated for in the Theatre Stalls.



# FAQ

Who is invited?

Relaxed concerts are an opportunity for neurodivergent children and adults and their family or carer to enjoy the orchestra in a sensory-friendly environment.

How much are tickets?

Entry is free but space is limited and booking is essential.

If you would like to attend a future Relaxed Concert then please book online at [nzso.co.nz](https://nzso.co.nz)

How do I get my tickets?

Tickets will be emailed to you before the concert date.

If attendees use a wheelchair, is there a place where this can be stored if they don't want it during the performance?

Please inform us in advance of the performance if you wish to store a wheelchair or any other equipment and we will work with you directly to confirm what storage is available.

Can I bring a toy or device to help an attendee concentrate or communicate during the concert?

Yes you can as long as it doesn't flash or make noise.

Can I take photos or videos?

The NZSO may also have a photographer at the event. Please let us know if you do not wish to be photographed.

You may take photos, but we ask attendees not to use your flash or film the performance. Please also respect other attendees wishes if they don't want to be photographed.

Exit the same way you entered







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