

Wellington

Sat, 09 Aug, 11.30am – 12.15pm

Renouf Foyer

Michael Fowler Centre



New Zealand
Symphony
Orchestra

Te Tira Pūoro
o Aotearoa

Relaxed Concert Guide



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This document provides you with information to help prepare for our NZSO Relaxed Concerts.

Relaxed Concerts offer a shared experience for everyone, with a relaxed attitude to noise and movement during the performance. The music, lighting and environment ensures the event is accessible whilst maintaining the authenticity of a full concert experience.

Step-by-Step Guide for Attendees & Support People

We invite you in to the Michael Fowler Centre to experience a classical music performance showcasing rhythmic and adventurous 20th-century music.

This will be a shared experience for you, your supporter(s) and the NZSO National Youth Orchestra.

Outside the Michael Fowler Centre



You will enter the Michael Fowler Centre through the main entrance into the foyer where you will be welcomed by hosts. They are there to guide and help you on the day.

The hosts are from Venues Wellington and can assist you by helping find entrances, bathrooms and the exits.

Michael Fowler Centre entrance

Michael Fowler Centre foyer



If you need to use the bathroom, toilets are on the ground floor foyer of the Michael Fowler Centre.

Accessibility toilets are also available as part of the female and male toilets. There are signs to show you to these.



The performance takes place in the Renouf Foyer. When you are ready for the performance, hosts will help you into the room.

There is space for wheelchairs and you will be free to move around during the performance. There will be hosts to show you how to either exit or move about the Renouf Foyer.

There will be some seating available and there will also be space to sit on the floor.

At the end of the concert you will exit out the same way you entered. Thank you for joining us and we hope to see you again soon.

Mā te wā.

Lift to the Renouf Foyer
Renouf Foyer



The Performance

The concert begins with an introduction from presenter, Chris Lam Sam. The music is performed by musicians from the National Youth Orchestra.

The works being performed will be introduced by Chris Lam Sam.

The concert will last approx. 45 minutes with no interval.

Conductor Naomi Hnat

Programme:

Old MacDonald's Farm

The Run Stop

Highlights from *Moana*

The Wheels on the Bus

Tchaikovsky: *Russian Dance and Chinese Dance from The Nutcracker Suite*

Let's Copy Penelope

The Little Yellow Digger

Heads, Shoulders, Knees & Toes

Chris Lam Sam







There will be an area set up called the Chill-Out Zone. To find the Chill-Out Zone look for this sign.

There will be water and comfy seating if you need a quiet space before, during or after the concert.

You are free to move in and out of the concert at any point to the Chill-Out Zone in the foyer. Hosts and signs will be there to show you where to go.

The Relaxed Concert

When You Arrive

Doors will open approx. 30min before the concert starts.

This concert will have an open-door policy. This means you are free to move in and out of the Renouf Foyer room any time during the performance. There will be hosts from Venues Wellington and the NZSO providing assistance if required while you are at the concert.

The Concert

The concert begins with an introduction from presenter, Chris Lam Sam. The music is performed by musicians from the National Youth Orchestra.

The works being performed will be introduced by Chris Lam Sam.

The concert will last approx. 45 minutes with no interval.

Ticketing

Registration for this event is required as seating is limited. Following registration, you will receive a confirmation email that acts as your ticket. Please have this email ready to show staff upon arriving at the event.

Options on the booking form are available to indicate whether you have access requirements or any other flags to our team in advance of the event.

Please contact us if you need any further information to ensure you are at ease and comfortable during the concert.

Seating, Lighting and Sounds

Seating

As this is a Relaxed Concert, the Michael Fowler Centre and NZSO are adopting a relaxed feel to the seating at the concert.

There will be a variety of seating options to make yourself comfortable.

Lighting

There will be no strobe or flashing lights during this concert. There will also be no lights shining out onto the audience.

Sounds

There is an orchestra playing with a variety of instruments ranging from quiet flutes and strings to moments of loud percussion and brass.

As this is a Relaxed Concert, you may notice the audience around you making some noise too. If you find this too overwhelming, you can go to the Chill-Out Zone outside the concert space.

Additional Services and Facilities

There are hosts to guide you to and around these spaces.

Toilets

Disabled, female and male toilets are available to use at Michael Fowler Centre. These toilets have wheelchair access and changing facilities.

Chill-Out Zones

If you would like to leave the concert at any point, there is a designated space to chill out. This is in the Foyer.

Ramp Access

There is ground level access to the Michael Fowler Centre foyer and toilets. The Renouf Foyer and Chill-Out Zone can be accessed by stairs or lift. Wheelchair spaces are accommodated for at the venue.



FAQ

Who is invited?

This concert is designed for neurodiverse people who may not feel comfortable in a normal concert environment – especially individuals with autism, sensory, auditory and communication disorders, and other learning disabilities.

How much are tickets?

Entry is free but space is limited. If you would like to attend a future Relaxed Concert then please contact us at education@nzso.co.nz

How do I get my tickets?

A confirmation email will be sent to you before the concert. This confirmation email is your ticket.

Can I bring a toy or device to help an attendee concentrate or communicate during the concert?

Yes, as long as it doesn't flash or make noise.

If attendees use a wheelchair, is there a place where this can be stored if they don't want it during the performance? Please inform us in advance of the performance if you wish to store a wheelchair or any other equipment and we will work with you directly to confirm what storage is available.

Can I take photos or videos?

You may take photos between pieces, but we ask attendees to not take photos or videos during pieces. Please also respect other attendees wishes if they don't want to be photographed.

The NZSO will also have a photographer at the event. Please let us know if you do not wish to be photographed.



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venues/michael-fowler-centre/](http://www.venueswellington.com/venues/michael-fowler-centre/)**

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