

**Wellington**

**Wed, 16 Apr, 12.30pm -1.15pm**

**Soundings Theatre**

**Museum of New Zealand**

**Te Papa Tongarewa**



New Zealand  
Symphony  
Orchestra

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Te Tira Pūoro  
o Aotearoa

# **Relaxed Concert Guide**



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This document provides you with information to help prepare for our NZSO Relaxed Concert.

Relaxed Concerts offer a shared experience for everyone, with a relaxed attitude to noise and movement during the performance. The music, lighting and environment ensures the event is accessible whilst maintaining the authenticity of a full concert experience.

NZSO Relaxed Concerts are presented in collaboration with the Museum of New Zealand Te Papa Tongarewa and with the support of

# **Step-by-Step Guide for Attendees & Support People**

We invite you in to the Soundings Theatre in Te Papa to experience a classical music performance showcasing rhythmic and exciting music.

This will be a shared experience for you, your supporter(s) and Musicians from the New Zealand Symphony Orchestra.





HE KAUPAPA  
**WAKA**  
A Fleet of Waka  
New Zealand  
to Kaupapa



Museum of New Zealand  
Te Papa Tongarewa



You will enter Te Papa through the main entrance into the foyer where you will be welcomed by hosts. They are there to guide and help you on the day.

The hosts can help you find entrances, bathrooms and the exits.

Te Papa main foyer



TOI ART

TĒNEI  
PAPA TĪOI  
THIS  
SWAYING  
EARTH



Papa 5 | Level 5  
HE UTU KORE | FREE ENTRY

TE TAI AO  
NATURE



Papa 2 | Level 2  
HE UTU KORE | FREE ENTRY

HE KAUPAPA  
WAKA  
A Fleet of Waka

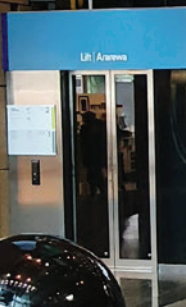


Papa 4 | Level 4  
HE UTU KORE | FREE ENTRY

MANU RERE  
MOANA  
PACIFIC VOYAGERS



Papa 4 | Level 4  
HE UTU KORE | FREE ENTRY





The performance takes place in the Soundings Theatre. This is located on Level 2 and can be accessed directly by lift from the ground floor foyer, or by escalator, stairs or lift to the Wellington foyer, then up a gently inclining ramp.

When you are ready for the performance, hosts will help you into the theatre.

There is space for wheelchairs and you will be free to move around during the performance. There will be hosts to show you how to exit the Soundings Theatre.

At the end of the concert you will exit out the same way you entered. Thank you for joining us and we hope to see you again soon. Mā te wā.

Lift to the Soundings Theatre  
Soundings Theatre





If you need to use the bathroom, toilets are on Level 2, adjacent to the entrance to the Soundings Theatre entrance.

Accessibility toilets are also available as part of the female and male toilets. There are signs to show you to these.

Te Papa toilets







# The Performance

The concert begins with an introduction from presenter, Chris Lam Sam. The concert features a selection of stories from Aotearoa New Zealand authors and will last approx. 45 minutes followed by a meet and greet with some of the NZSO musicians. The following works will be performed:

*Colour the Stars / Taea ngā Whetū*

Story by Dawn McMillan

Music by Claire Cowan

*How My Koro Became a Star / Kua*

*Whetūrangitia a Koro*

Story by Brianne Te Paa

Music by Claire Cowan

*The Bomb*

Story by Sacha Cotter

Music by Claire Cowan

*Infernal Gallop*

Offenbach/Iain Farrington

Chris Lam Sam







There will be an area set up called the Chill-Out Zone. To find the Chill-Out Zone look for these signs.

There will be water and comfy seating if you need a quiet space before, during or after the concert.

You are free to move in and out of the concert at any point to the Chill-Out Zone in the foyer. Hosts and signs will be there to show you where to go.





# **The Relaxed Concert**

## **When You Arrive**

Doors will open approx. 30min before the concert starts.

This concert will have an open-door policy. This means you are free to move in and out of the Soundings Theatre room any time during the performance. There will be hosts from Te Papa and the NZSO providing assistance if required while you are at the concert.



## **The Concert**

The Relaxed Concert is conducted by Hamish McKeich, with presenter Chris Lam Sam. The concert starts at 12.30pm and lasts approx. 45 minutes followed by a meet and greet with some of the NZSO musicians.

NZSO @ Te Papa is a free event catering for neurodivergent audiences of all ages who may feel uncomfortable in a traditional concert environment.

While every effort is made to ensure these events are supportive of sensory needs, there are factors outside of our control, such as numbers of participants and audience noise levels.

# **Seating, Lighting and Sounds**

## **Seating**

Soundings Theatre has raked seating with some wheelchair spaces available on a first come, first serve basis.

## **Lighting**

There won't be any strobe or flashing lights during this concert. There also won't be lights shining out onto the audience.

## **Sounds**

There musicans from an orchestra playing with a variety of instruments ranging from quiet flutes and strings to moments of loud percussion and brass.

As this is a Relaxed Concert, you may notice the audience around you making some noise too. If you find this too overwhelming, you can go to the Chill-Out Zone outside the concert space.



# **Additional Services and Facilities**

There are hosts to guide you to and around these spaces.

## **Toilets**

Disabled, female and male toilets are available to use at Te Papa. These toilets have wheelchair access and changing facilities.

## **Chill-Out Zones**

If you would like to leave the concert at any point, there is a designated space to chill out. This is in the Foyer.

## **Access**

There is ground level access to the Te Papa foyer and toilets. The Soundings Theatre is located on Level 2 and can be accessed directly by lift from the ground floor foyer, or by escalator, stairs or lift to the Wellington foyer, then up a gently inclining ramp.

# FAQ

## **Who is invited?**

This concert is designed for neurodivergent people who may not feel comfortable in a normal concert environment – especially individuals with autism, sensory, auditory and communication disorders, and other learning disabilities.

## **How much are tickets?**

Entry is free but booking is essential as space is limited.

## **Can I bring a toy or device to help an attendee concentrate or communicate during the concert?**

Yes as long as it doesn't flash or make noise.



**If attendees use a wheelchair, is there a place where this can be stored if they don't want it during the performance?** Please let the Te Papa hosts or NZSO staff know when you arrive that you would like to store a wheelchair or or any other equipment and we will work with you directly to confirm what storage is available.

### **Can I take photos or videos?**

You may take photos during the concert, but please do not use a flash or film the performance. Please also respect other attendees wishes if they do not want to be photographed.

The NZSO will also have a photographer at the event. Please let us know if you do not wish to be photographed.



New Zealand  
Symphony  
Orchestra

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Te Tira Pūoro  
o Aotearoa

**The Museum of New Zealand  
Te Papa Tongarewa**

**55 Cable Street, Te Aro,  
Wellington 6011**

**Phone: 04 381 700**

**[tepapa.govt.nz](http://tepapa.govt.nz)**

**Level 1, Findex House  
57 Willis Street  
Wellington 6011  
Phone: 04 801 2034**

**[nzso.co.nz](http://nzso.co.nz)**

**0800 479 674**



Ministry  
for Culture  
& Heritage

**Absolutely Positively  
Wellington City Council**

Me Heke Ki Pōneke

**NZSO** THE NZSO  
FOUNDATION